



# Poole Wheelers

## Welcome to Poole Wheelers Wednesday Night Club Rides

Aim of this session - This is a social ride to learn group riding etiquette & to gain winter base fitness

Normal route - 7pm start Poole Park Cricket Pavilion Club House, around Peninsular & harbour heights, (group leader can alter if necessary)

Ride in sensible way!

Ride to highway code rules

Each group has a 'leader' for the night

Wear bright clothing

Good working lights needed at all times

Mudguards are appreciated by club members!

Pay **£1** (PW Club members or **£2** (Guests) at start to ride - this contributes towards hire of the club house, the club indemnity insurance and allows you a free coffee/tea when club room is open.

This is not a race!

No groups bigger than 8 please

Behave in a sensible, courteous & appropriate manner to other riders & road users

Foul & abusive language is not acceptable - to other riders or other road users!

Group riding etiquette - 2 lines only at any one time, overtaking (R lane through & off)

2 lines at any time, even when going up hill

Poole Wheelers has the right to ask you not to ride with us if you do not agree/adhere to these 'guidelines'

<b>Riders Name</b> (Capitals)	
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<b>Emergency contact</b>	<b>Name</b>	<b>Tel No.</b>
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<b>Bike</b>	<b>Make</b>	<b>Colour</b>
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I understand that the personal details on this form will not be shared with anyone other than the rider organiser on the night and that my details will only be passed to Emergency Services / Hospital should I be involved in an accident whilst on this ride.

I understand that whilst riding with Poole Wheelers, I will be courteous to other road users, my bike is in road worthy condition and I have lights and a helmet for the ride. I confirm that I will not ride more that two a breast and that I will follow any instructions provided by the organiser. Failure to comply in any way with instructions that are given by the organiser will result in refusal to take part in the evening rides with the club again. (Member or Visitors)

I confirm that I am riding at my own risk and that Poole Wheelers do not accept any liability for accidents / injuries or damage to my bike - This form to be completed by each rider on a yearly basis

**Signed**...../ **Date**.....

*Revised Oct 2018*