



# Parental consent form for minors to attend open road Club rides

## This Form to be completed for all Riders under the age of 18

I, being the parent/guardian of \_\_\_\_\_ understand and agree that my son/daughter participates in club rides on the open road entirely at his/her own risk.

I have considered the nature of such sessions and have discussed them with my son / daughter. I am satisfied that my son / daughter is sufficiently responsible and competent to assume responsibility for his / her own safety.

It is the parent's/guardian's responsibility to ensure that their child arrives with a bike that is in a safe condition to ride. A cycling helmet should be worn at all times during the club rides and bikes must be fitted with working lights. Riders are also expected and encouraged to carry sufficient tools & spare inner tubes etc to be able to deal with any mechanical issues that may arise during the rides. Mud guards are also appreciated in wet conditions.

Parents or guardians agree to be within the vicinity of the club ride for the duration and will be contactable at all times. Next of Kin wristbands are advisable for Minors. Example Vital ID sports wristband can be purchased online.

**We also strongly recommend that the rider is a British Cycling member as this will provide them with insurance whilst out riding.**

***I hereby provide consent for my son/daughter named above to ride the winter club rides with Poole Wheelers.***

Signed: \_\_\_\_\_ Print name \_\_\_\_\_

Date: \_\_\_\_\_

Name of Childs club if any \_\_\_\_\_

Notes (anything Poole wheelers should be aware of) \_\_\_\_\_

*Revised Oct 2018*