

What our members have been up to

In between delivering the last cycle training Bikeability last half term Jason Falconer had a go at the first New Forest Gravel ride

<http://cycle-newforest.co.uk/sun-gravel-cake/>



Here's what he had to say about it

Well I was straight on the banter with a guy that showed up on road tyres. He flatted 3 times and on third the group asked him to road ride home. Trails there are fire trails mainly dirt and gravel you need to be prepared however the distance isn't much compared to a good Sunday ride. Very enjoyable leisure ride and some clued up guys there. Any of the Wheelers would make it round and the cake was very good. I'm not sure about next one haven't checked date yet!

Jason's also done another set of lunch clubs at Bishop Aldhelm's and been asked to start again all this term on Fridays using bikes he bought with Sustrans money 2010. He's been teaching at least one first time rider each week. He's also been working with Autistic boy Mal for 6 weeks, who's getting stronger every week & is a really interesting client.

He's also been doing heaps of running and a ten mile hill race <http://www.thestickler.co.uk/> in 1.26 (but he told me not to mention that to the riders!)

Sam Wadsley really rose to the occasion and produced a great ride to claim a second



place and silver medal at the National Closed circuit championships. The event was held at Thruxton and the weather gradually improved throughout the day, meaning that the later starting senior riders enjoyed racing in generally dry and bright conditions but for the junior riders (including Sam) who had to ride in the morning, the conditions were horrendous and they had to battle on through torrential rain in really cool temperatures! Sam clocked 25.06 while producing an average speed of 26.29mph

Well done to Sam on his great achievement, onwards and upwards next year! 🤗

First Winter Calshot session of the season

Saturday saw the first of the winter Calshot sessions (November rather than October news I know but recent news anyhow)



The turnout was great with all 32 places being taken. For some, it was their first taste of riding Calshot and for the senior Mr Pick and even more Senior Mr Pick (Les & John) it was the first of a different kind

Here's what Les had to say

Well John Pick finally got to ride Calshot for the first time at the age of 72 and declared that it was the closest thing to riding a motorbike that he had done on a pushbike!

Having ridden Bournemouth track a couple of times during the summer, he took advantage of the first winter track session of the year organised by Graham. Despite all "Picks" being cyclists throughout the generations, this is the first time that Dad and I had ever ridden together on the track! Dad loved it and wants to do it again as soon as possible!



7 Poole Wheelers entered and rode the 3 Stage Downton road race.

Great presence for Poole Wheelers at this event, It was the first time that Craig Weston had entered this event and really enjoyed the end of year competition. The results of each stage are as follows:

Hill Climb	Road Race	Time Trial	Overall
Martin 4th	Ryan 12th	Tim 5th	Ryan 6th
Ryan 10th	Joel 18th	Sam 6th	Sam 8th
Tim 13th	Sam 20th	Ryan 8th	Tim 18th
Joel 18th	Tim 31st	Martin 9th	Joel 24th
Sam 25th	Rob 41st	Craig 29th	Rob 39th
Rob 41st	Craig 49th	Joel 37th	Craig 46th
Craig 49th	Martin DNF	Rob 41st	Martin DNF

Martin would have also had a very high placing if he had not punctured on the road race with 2.5 miles to go, as he was in the lead group and feeling strong.

Club ride updates

The Wednesday night rides are still very popular with groups of 30+ riders with 20-25 coming back for a coffee and chat afterwards. These are now very well organised with each group having a team leader. There are 4 leaders in total depending on training requirements and experience. There is a massive effort to chat and encourage the new riders that turn up

Both the Saturday and Sunday rides are becoming very popular with groups of up to 8+ riders (Saturday) and 16+ (Sunday).

Trying to recruit more guys to the club and Craig thinks the consistency and reliability of the rides helps a lot.



Training camps abroad

Ryan, Martin, Sam James and Joel are all off to a training Camp in Tenerife at the end of November.

Ryan is also planning a training Camp in Majorca (With Legros) in May 2017 so anybody wishing to join us would be welcome. Great Value at around £530 including half board, transfers and taking your own bike over. Hire bikes are available with a discount.

Other News

Race Organiser/commissaries workshops

British cycling South region are for the first time running 2 Organiser and Commissaire workshops, this is to help support new and existing organisers and Commissaires share best practice to support sustainability within the standard of events we run.

It will give you the opportunity to learn from new and long standing organisers and Commissaires as well as talking and listening to representatives from the NEG and Accredited Marshals.

The first course will be Sunday 27th November in Royal Wotton Bassett, A second workshop will be planned for the New Year near Winchester (further details will follow). Food and drink will be provided.

If you think you might be interested please email me so I can collate numbers secretary@poolewheelers.com

The British Cycling south region board meet every 6-8 weeks and the minutes of their last meeting can be viewed here.



BC South Minutes
19 September 2016.r

Poole wheelers held their annual AGM at Hamworthy Club on Friday 28th October. The turnout could have been better as this is where members get to decide the direction of the club but half term is always a difficult one, the minutes of the Poole wheelers AGM can be viewed here showing your committee members for October 16-October 17



Poole Wheelers
2016 AGM minutes r



Opportunities with British Cycling's Regions

Regional Competition Administrator British Cycling South Region Nominal Fee + Expenses

With a successful competition programme, the South Region of British Cycling is responsible for the coordination and development of the cycling events programme across Hampshire, Dorset, Avon, Wiltshire and Gloucestershire. Within the region there is a full calendar of events and a network of affiliated clubs, and applications are being invited from interested parties to deliver a contract for services, to provide regional competition administration for road, circuit and track disciplines, to support the operations of this region.

The Role

The role is largely concerned with the co-ordination of the road, circuit and track racing calendar and approval of events, including liaison with police forces and highway authorities in relation to permissions, supplying risk assessments and issuing of permits. The Regional Competition Administrator (RCA) is responsible to the South Region Board and will be expected to work closely with the full time Regional Events Officer (REO) and Commissaire Work Group, as well as key volunteers in the region including the Treasurer, club/race organisers, Commissaires and other event officials. The post holder will be required to provide reports to the Regional Board which sits every 6-8 weeks throughout the racing season. The contract will be on a part-time basis, commencing on the 1st December 2016 and will be reviewed annually.

Interested?

Applicants will need to have sound administrative, inter-personal and negotiating skills. The role will involve the development and maintenance of a range of processes to co-ordinate activity, therefore a working knowledge of Microsoft Office is required. Applicants must maintain British Cycling membership. They should also reside within, and be able to travel to, any part of the British Cycling South Region in order to perform their duties. The successful candidate will be contracted by the Region for their services and the role attracts a fee of £4,000 per annum. Additional reasonable expenses will also be paid as required.

To Apply

Expressions of interest are sought and forwarded in writing to recruitment@britishcycling.org.uk. Applicants are required to submit an up to date CV, along with a supporting statement (no more than one side of A4). In addition the applicant must provide two referees (with E-mail and telephone contacts) and should not be members of the South Region Board.

Informal discussion is invited from any applicant without prejudice and Grant Bayton (Regional Events Officer) 07940 302249 is available to field any questions about the role.

Closing Date for Applications is Friday, 18 November 2016

Interviews will be confirmed in due course

Please feel free to send me any news or updates of what you all get up to in November
secretary@poolewheelers.com

Next Month

Club dinner to celebrate the achievements of Club members throughout 2016 as well as 90 year's for Poole wheelers as a club!

